Zulekha Spirit

DUBAI CHAMBER CSR LABEL 2017

July to December 2018 | Volume XIX

The Voice of Zulekha Healthcare Group

INDEX

Zulekha Hospital

02 MILESTONES
03 CAMPAIGNS
05 AWARDS & RECOGNITION
07 COLLABORATIONS
08 COMMUNITY INITIATIVES
11 WELLNESS INITIATIVES
13 WELLNESS OBSERVANCE
14 CELEBRATIONS
15 KEY MEETINGS
17 EXHIBITIONS & CAREER FAIR
19 SUCCESS STORIES
21 MEDICAL CHECK-UP CAMP
23 HEALTH AWARENESS TALK
28 ARTICLE

ALEXIS

31 MILESTONES
33 ANNUAL EVENTS
35 ACADEMIC FORUM
37 WORKSHOPS
38 OBSERVANCE DAY
40 HEALTH AWARENESS TALKS
43 PROMOTIONAL EVENTS
45 CME
48 CELEBRATIONS
49 SUCCESS STORIES
51 HEALTH CHECK-UP CAMPS

THE EDITORIAL TEAM

Mr. Gururaj Rai
Director Marketing

Ms. Sameena Khanam
Senior Manager-PR & Corporate Communication

Ms. Zainab Chakkiwala
Marketing Co-ordinator

Ms. Mansi Agrawal
Marketing Co-ordinator

Ms. Helga Nevis
Copywriter

Mr. Jinto Raphel
Graphic Designer

Conceptualised,
Designed & Published by
TURRINO

"Welcome to another eventful year 2019. Through the last year, focus on management of critical medical emergencies has been our priority and our physicians have time and again stepped forward to accept critical cases that were referred to us because of the trust, our patrons placed in our expertise. In doing so, we are fueled to progress as a super hub. Utilizing the full potential of our human and technological resources, we have been able to give life to more and more critically ill patients. Our readiness and speed to adapt to change are going to determine our success in this overwhelming era of revolution."

Mr. Taher Shams
Managing Director, Zulekha Healthcare Group

FROM EDITORIAL DESK

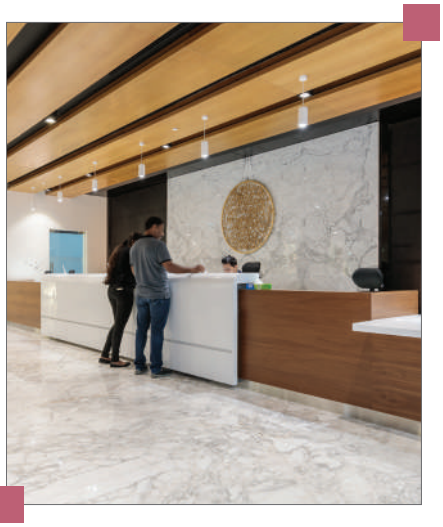
Welcome to the new edition of Zulekha Spirit. Our milestone expansion of the Dubai facility this year; has now doubled our capacity to serve the growing healthcare needs in UAE. Moreover, the group's hospitals in Sharjah and Dubai as well as Alexis Multispeciality Hospital in Nagpur, India are now enhanced to its full potential, adding in top-notch physicians and at the same time upgrading our technological and infrastructure resources.

Just as you flip through the pages, you will know of some very interesting cases our teams have managed, successfully helping us stand out among other industry players. You can also read about our various employee engagement activities, collaborations, key meetings and more from the second half of the year 2018. Congratulations to all of us for individual and group accolades received during this time. We encourage you to engage and welcome your contributions to the next edition.

MILESTONES

ZULEKHA HEALTHCARE GROUP INAUGURATED A NEW STATE-OF-THE-ART FACILITY ADJACENT TO ITS EXISTING DUBAI BRANCH

Zulekha Healthcare Group opened doors to its newest facility adjacent to its existing Dubai branch in UAE. Spread over an area of 226,000 square feet this expansion will give way to the development of multiple centres of excellence. We have equipped our teams with state-of-the-art infrastructure, equipment and technologies that are essential for us to demonstrate our critical care abilities. The facility aims to create an optimal healing environment that provides a caring, emotionally supportive, home-like atmosphere, where patients enjoy the highest standard of care and comfort.



CAMPAIGNS

PINK IT NOW 2018

Zulekha Hospital launched the seventh edition of the Breast Cancer Awareness Campaign through 'Pink It Now' at Pallazo Versace, Dubai. The campaign launch was attended by Dr. Pamela Munster, Professor of Medicine; along with His Excellency Humaid Al Qatami, Director General of Dubai Health Authority; Brigadier Dr. Ali Singel, Director of Dubai Police; Captain Expert Anoud Saadi, Chairman of the Women's Police Council; Ms. Maha Bastaki - Director of Cultural Office of Her Highness Sheikha Manal; Ms. Ghanima Al Bahri - Care and Social Services Director, Dubai Foundation for Women and Children; Dr. Layla Marzouqi - Director of Medical Tourism Council, DHA; Vikas Attri - CEO of Lifestyle, Landmark Group; Dr. Hani Sbitany - Associate Professor of Surgery, University of California, San Francisco and the Zulekha Hospital management team. The 'Pink It Now' campaign aims to raise awareness about Breast Cancer, the importance of early detection and the benefit of regular check-ups.

This year's launch also included the unveiling of Dr. Pamela Munster's book, 'Twisting Fate'. Dr. Pamela Munster is a leading Oncologist at the University of California, San Francisco and the campaign's ambassador. In the book she portrays her experience in researching Breast Cancer and living through it.

'Pink It Now', supported by partners Patients Friends Committee, Lifestyle, Emirates Neon Group, Swiss Arabian Perfumes; Ford Warriors in Pink, Khaleej Times, Al Khaleej Newspaper, Club FM UAE, 106.2 Big FM, Air Arabia and ZEE TV; is one of Zulekha Hospital's core CSR initiatives, stressing the importance of strategies for cancer prevention, early detection and management of patients with the disease.

CARDIAC CENTRE OF EXCELLENCE

Zulekha Hospital takes pride in being the super hub for cardiac care, with specialists available 24/7, and a comprehensive spectrum of expertise on board. On 4th November 2018 at Conrad Hotel, dignitaries, medical professionals, patrons and media professionals witnessed an interesting deliberation on cardiovascular diseases led by renowned Dr. Fayaz Shawl, Consultant Interventional Cardiologist, Zulekha Hospital Dubai. Cardiac professionals came together at this forum in a bid to raise awareness about heart diseases in UAE and the significance of timely cardiac care.

The event was attended by Professor Najib Moh'd Al Khaja, Secretary General of the Sheikh Hamdan Bin Rashid Al Maktoum Award for Medical Sciences; President of Centre for Arab Genomic Studies; CEO of Majid Al Futtaim Charity Foundation, along with the management of Zulekha Healthcare Group including Dr. Zulekha Daud, Founder and Chairperson and Co-Chairperson, Mrs. Zanubia Shams

NABD AL KHAIR (PULSE OF GOODNESS)

Zulekha Healthcare Group launched a new cardiac social fund, 'Nabd Al Khair' (Pulse of Goodness), co-invested with Dar Al Ber Society to make advanced cardiac care affordable and accessible to all communities in UAE. The initiative honoured 'Year of Zayed'; celebrating the legacy of giving back to the community and promoting the strong values of late Sheikh Zayed bin Sultan Al Nahyan, the founding father of UAE.

The initiative, which exclusively serves the cardiac medical needs of those less fortunate, was launched in an event at The Address Boulevard – Dubai, in the presence of His Excellency, Dr. Amin Hussein Al Amiri, Assistant Undersecretary for Public Health Policy and Licensing Sector in the Ministry of Health & Prevention; His Excellency Abdullah Ali bin Zayed Al Falasi, Executive Director of Dar Al Ber from Dar Al Ber Society; Shri Vipul, Consul General of India in Dubai; Dr. Zulekha Daud, Founder and Chairperson of Zulekha Healthcare Group, Managing Director, Mr. Taher Shams, Co-chairperson, Mrs. Zanubia Shams and other dignitaries.

The individuals who cannot afford to pay for high-end cardiac treatments can use this initiative to approach Dar Al Ber and Zulekha Healthcare Group for assistance in cardiac treatments.

AWARDS & RECOGNITION

DR. ZULEKHA DAUD HONOURED AS 'WOMAN OF SUBSTANCE' BY KHALEEJ TIMES

Founder and Chairperson, Dr. Zulekha Daud, was honoured as a 'Woman of Substance' by Khaleej Times, UAE's first English newspaper. The recognition celebrated achievements of 12 women leaders across UAE who have achieved success through sheer hard work, determination and overcoming challenges, and are encouraging the present and future generations of women in the Middle East to follow their dreams and passions.

MRS. ZANUBIA SHAMS HONOURED AMONG FORBES MIDDLE EAST'S MOST INFLUENTIAL WOMEN 2018

Co-Chairperson of Zulekha Healthcare Group, Ms. Zanubia Shams was honoured among Forbes Middle East's Most Influential Women 2018. Founder and Chairperson, Dr. Zulekha Daud and Aamir Shams received the award on behalf of Mrs. Shams at a glittering gala evening by Forbes Middle East in Dubai. The list featured 100 female executives and businesswomen across public and private sector, and 10 women heading government departments in the region. The ranking is based on the revenues of the companies led by the leaders, title, scope and impact of the role that they perform, the experience, growth of their firm, and other initiatives that they have led.

ZULEKHA HOSPITAL RECOGNISED AS 'WORK PLACE OF THE YEAR'

Daman Corporate Health Awards recognised Zulekha Hospital among Top Five Companies as 'Work Place of the Year'. This recognition identifies the organisations demonstrating a commitment to make their physical environment and facility a great place to work.
The Daman Corporate Health Awards is an important benchmark of corporate health and wellness across businesses in UAE. The awards recognise organisations that place importance on employee health and wellness through various programmes and initiatives. Over the years, the benchmarks have been continuously raised by UAE businesses, with increase in number of employers realising the numerous benefits of workplace health and wellness.

BEST DIGITAL TRANSFORMATION DEPLOYMENT IN HEALTHCARE

Zulekha Healthcare Group was honoured for Best Digital Transformation Deployment in Healthcare. The inaugural edition of the Smart SMB Summit & Awards, supported by the Department of Economic Development, Dubai [DED], was held with business leaders and technology experts shining light on the importance of Digital and Business transformation for small and mid-sized enterprises.

SHARJAH POLICE ACKNOWLEDGED ZULEKHA HOSPITAL

Sharjah Police acknowledged Zulekha Hospital with an appreciation certificate for participating in the Sharjah police health week.

COLLABORATIONS

ZULEKHA HEALTHCARE GROUP COLLABORATES WITH SAP

Zulekha Healthcare Group collaborates with SAP for innovative change management and enhancement of organisational efficiencies. With this association, the group aims to be able to drive individual transitions in its people and processes; resulting in inclusive progress.

ZULEKHA HEALTHCARE GROUP SIGNED MOU WITH DUBAI ECONOMY

Mr. Ali Ibrahim Mohammed - Deputy Director General at Dubai Economy & Dr. Zia ur Rehman - Director Administration, Zulekha Hospital, Dubai signed a Memorandum of Understanding to strengthen the future economic initiative goals and agenda in implementing a sustainable, competitive-economy based on knowledge, expertise and diversity. Through this initiative Zulekha hospital will be providing special discount on non-insurance services & free fast track services for people with determination & high rank officials from Dubai Economy.

COMMUNITY INITIATIVES

ZULEKHA HOSPITAL HOSTED A BARIATRIC SUPPORT GROUP PROGRAM

Zulekha Hospital hosted a support group program for individuals who had undergone Bariatric surgeries and those who were looking forward to such treatments, on 19th July 2018 at Fairmont Hotel, Dubai. The session helped them interact with specialists and commoners, sharing positive experiences and lifestyle changes that had occurred as a result of the treatments.

Dr. Nazim Alrifai - Specialist General & Bariatric Surgeon, Dr. Parag M. Rane - General Laparoscopic & Bariatric Surgeon, Dr. Tagore Mohan Grandhi - Specialist General & Bariatric Surgeon & Ms. Dina Albeltaji - Dietitian led the session, sharing various aspects, types, and requirements for a Bariatric surgery.

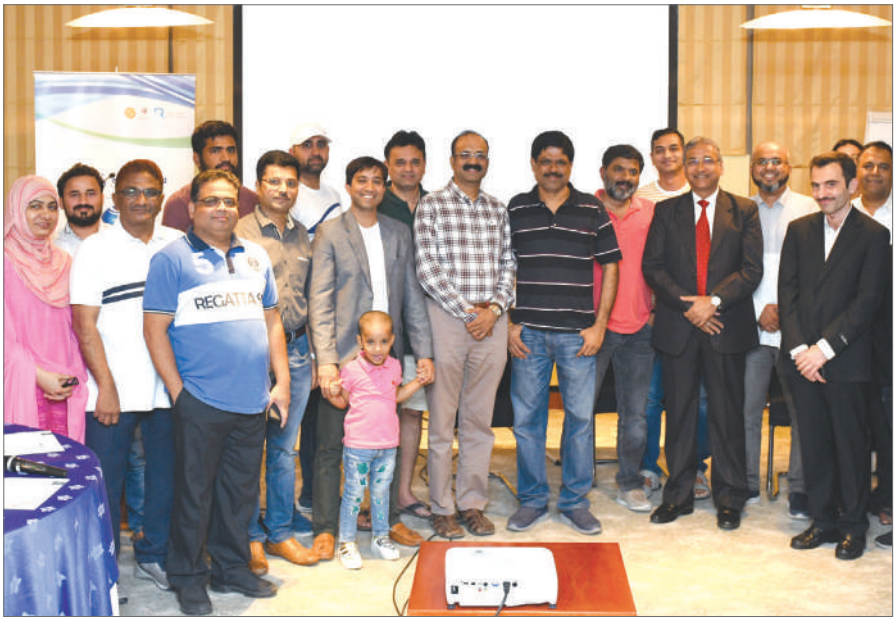
ZULEKHA HOSPITAL HOSTED A CANCER SURVIVORS SUPPORT GROUP PROGRAM

Zulekha Hospital brought together courageous cancer survivors and patients, along with their friends and family over an exclusive interactive session in September at 'The Pink Knights Dinner Meet'. The evening was all about stories of empowered cancer survivors and their supporting family members, including patients undergoing treatments and looking for positive energy and inspiration from the survivors who have made it through the journey successfully.

Dr. Pamela Munster, Professor of Medicine, UCSF; Mrs. Zanubia Shams, Co-Chairperson along with Dr. Hani Sbitany, Associate Professor of Surgery, Division of Plastic and Reconstructive Surgery, UCSF; and other clinical experts joined the gathering to launch 'Twisting Fate', an inspiring journey of being a patient and doctor authored by Dr. Munster.

ZULEKHA HOSPITAL, SHARJAH ORGANISED A BLOOD DONATION DRIVE

Zulekha Hospital, Sharjah carried out a successful blood donation drive where many individuals volunteered to donate blood as a noble practice. The drive was carried out in association with the Ministry of Health & Prevention and Sharjah Blood Transfusion and Research Centre.



ZULEKHA HOSPITAL, DUBAI; HOSTED DIABETES MANAGEMENT SUPPORT GROUP PROGRAM

Zulekha Hospital, Dubai hosted 'Win over Diabetes' - A diabetes management support group program for individuals who have diabetes and are getting treatment from our doctors, on 26th October 2018 at Hotel Millennium, Dubai.
We highlighted the significance of such support groups in helping individuals manage their lifestyle. The theme of the event was 'Diet for Diabetic Patient'. Dr. Vipin Mishra - Consultant Endocrinologist; talked about the general principles of Diet in Diabetes, Dr. Bashar - Specialist Internal Medicine Endocrinology; enlightened about the value of individualised diet plan and Ms. Bintamol - Specialist Nutrition and Lifestyle Management empowered participants with practical knowledge on the balanced diet plan. Participating patients expressed their thankfulness to the doctors and the hospital for the difference, the treatments have made to their lives and the support group discussion platforms.

ZULEKHA HOSPITAL LAUNCHED RIGHT PARENTING & LIFESTYLE GUIDANCE PROGRAM

Zulekha Hospital launched the 'Right Parenting & Lifestyle Guidance' program at an inaugural session, organised on 17th November 2018 in Zulekha Hospital, Sharjah. This new community health initiative is UAE's first ever comprehensive parenting-lifestyle guidance program from a major healthcare group. It aims to provide a step-by-step practical guidance to parents on the whole spectrum of common parenthood and childhood issues.

The first session of the program was for Zulekha Hospitals' nursing staff and their families. Dr. Mandar V. Bichu (Head of Right Parenting; Specialist Paediatrician) addressed the audience. He first presented the overview of 'Right Parenting' program and later delivered a talk on 'Healthy Eating Habits: What can we improve?', offering ideas on the simple ways in which the family's dietary habits can be improved. Members from the administration also offered their insights on the new initiative

HE SHEIKHA DR. HIND BINT ABDULAZIZ AL QASSIMI, VISITED BREAST CANCER PATIENTS AT ZULEKHA HOSPITAL, DUBAI

HE Sheikha Dr. Hind bint Abdulaziz Al Qassimi, member of the royal family of Sharjah, United Arab Emirates and the Co-Chairwoman of BPW Emirates Club visited Breast Cancer patients at Zulekha Hospital, Dubai as part of the October Breast Cancer Awareness Campaign being carried out by the initiative "Our Heart with You".

WELLNESS INITIATIVES

ZULEKHA HOSPITAL INAUGURATED THE 'HEALTH & RECREATION CLUB' FOR EMPLOYEES

Zulekha Hospital inaugurated the 'Health & Recreation Club' exclusively for employees in the staff accommodation at Muweilah in Sharjah. Mr. Taher Shams, Managing Director; joined the HR team and other colleagues for the opening ceremony. The organisation believes in ensuring a healthy environment that contributes to every employee's lifestyle and well-being, further boosting their productivity too.

ZULEKHA HOSPITAL ORGANISED AN INDOOR CRICKET TOURNAMENT

As part of Zulekha Hospital's employee well-being initiatives, a one-day indoor cricket tournament was hosted on Friday 6th July at the Insportz Club in Al Quoz, Dubai. The occasion gave team members from all facilities an opportunity to connect and engage with each other outside the work environment over a weekend.

We congratulate the winning team DUBAI DAREDEVILS and all the participating teams (DXB TIGERS, DXB SUNRISERS, ZHS STARS, DXB DAREDEVILS, DXB ROYALS, ZHS – HK, DXB KNIGHT RIDERS, DXB LIONS, ZHS RANGERS, ZHS BLACK HORSES, DXB INDIANS, ZHS BIOMED, ZHS ENGINEERING, ZHS ROYALS, DXB SUPER KINGS, ZHS STRIKERS, ZHS O.T., DXB CHALLENGERZ) for their sportsmanship and active contribution to make the event a success.

ZULEKHA HOSPITAL HOSTED A POWER-PACKED ZUMBA SESSION

Zulekha Hospital successfully hosted another power-packed fitness activity with a fabulous Zumba session with international licensed Zumba instructor; Mr. Riaz Mohammed leading the participants in the session. The activity is a part of the ongoing campaign 'No More Excuses' that encourages a healthy lifestyle among UAE residents.

We value the trust you place in us and work towards making the best care available to you, on any day, at any time. Our team of doctors, nurses and other paramedical staff work in tandem to make sure the right treatment is prescribed to you at the right time. Reach out to us in your time of need and we will take care because your health matters to us.

Call 600 52 4442 DUBAI | SHARJAH

zulekhahospitals.com

Zulekha Hospital L.L.C.
Your Health Matters

WELLNESS OBSERVANCE

INTERNATIONAL INFECTION PREVENTION WEEK

Zulekha Hospital conducted an event comprising of various activities marking the International Infection Prevention Week and Global Hand-washing Day. Based on the global theme of 2018, the event highlighted the importance of protecting patients everywhere and clean hands as a recipe for good health.

DIABETES AWARENESS DAY

Zulekha Hospital observed Diabetes Awareness Day on November 14th, 2018 to educate and spread awareness about the risks, preventions and ways to manage diabetes.

Managing diabetes is all about healthy eating and lifestyle. Our team of nutritionists and dietitians created awareness on healthy eating and living to beat diabetes. The event was graced by our Founder and Chairperson, Dr. Zulekha Daud, Co-Chairperson, Mrs. Zanubia Shams and other management team members.

CELEBRATIONS

INAUGURATION OF THE HISTOPATHOLOGY & MICROBIOLOGY LABORATORY

Zulekha Hospital, Sharjah's Histopathology and Microbiology Laboratory has moved to a new area on the second floor (Above Paediatric Emergency) of Zulekha Hospital, Sharjah. The new laboratory was inaugurated by Founder and Chairperson Dr. Zulekha Daud, along with Co-Chairperson, Mrs. Zanubia Shams and Managing Director, Mr. Taher Shams.

INAUGURATION OF ALEXIS ZULEKHA PHARMACY

Zulekha Hospital introduced its new retail pharmacy, Alexis Zulekha Pharmacy at Zulekha Hospital, Sharjah. The new unit was inaugurated by Founder and Chairperson, Dr. Zulekha Daud, along with Co-Chairperson, Mrs. Zanubia Shams and Managing Director, Mr. Taher Shams.

For the convenience of our patrons, the newly inaugurated pharmacy is equipped with a wide-range of medicines, first aid kits, nutritional supplements, mother & baby care, diabetic care, etc.

KEY MEETINGS

DR. ZULEKHA DAUD MEETS HE RASHED MUBARAK AL MANSOORI

Founder and Chairperson, Dr. Zulekha Daud met HE Rashed Mubarak Al Mansoori, Deputy Secretary General for Local Affairs at Emirates Red Crescent in Abu Dhabi. She expressed her gratitude for the support being provided to the deserving individuals by Emirates Red Crescent in UAE. Dr. Daud spoke of future collaboration opportunities, whereby our world-class healthcare services could be extended to and will benefit the UAE residents and establish UAE as a super hub for critical care.

MR. TAHER SHAMS MEETS HE LIEUTENANT GENERAL DHAHI KHALFAN TAMIM, DEPUTY CHAIRMAN OF POLICE AND GENERAL SECURITY IN DUBAI

Managing Director, Mr. Taher Shams meets HE Lieutenant General Dhahi Khalfan Tamim, Deputy Chairman of Police and General Security in Dubai, expressing gratitude for his support in UAE.

MRS. ZANUBIA SHAMS MEETS SRI. SUBHASH DESAI

Co-Chairperson, Mrs. Zanubia Shams met with Sri. Subhash Desai, Cabinet Minister of Industries and Mining in Maharashtra State Government. Mrs. Shams spoke of progressive healthcare landscape in Central India and our world-class services that will benefit residents of India.

DR. PAMELA MUNSTER AND DR. HANI SBITANY MEET THE SWISS BUSINESS COUNCIL, DUBAI AND NORTHERN EMIRATES

Following the launch of 'Pink it Now 2018' by Zulekha Healthcare Group, the Swiss Business Council, Dubai and Northern Emirates hosted a breakfast meeting for our campaign ambassador, Dr. Pamela Munster and Dr. Hani Sbitany. They addressed the gathering echoing the campaign objective of early detection and prevention of Breast Cancer.

Dr. Munster also presented her book, 'Twisting Fate' to Mrs. Heike Watts, the wife of Chris Watts, Consul General of Switzerland.

STRENGTHENING TIES WITH DUBAI POLICE

The Zulekha Hospital Administration team; Dr. Zia Ur Rehman & Mr. Mustafa Hussein met Colonel Yusef Al Adidi, Director Al Quasis Police Station to extend their gratitude for his support towards Zulekha Hospital, Dubai. The team briefed them about the expansion of the facility & sub-specialities added to accept high-risk accident & trauma cases.

EXHIBITIONS & CAREER FAIR

EGY HEALTH EXHIBITION & CONFERENCE

Zulekha Hospital participated in the first International Health Exhibition in Cairo, Egypt between 9th and 12th September 2018. The EGY Health Exhibition & Conference is supported by the Egyptian Ministry of Health and was hosted in co-operation with the Egyptian Military Medical Academy.

The exhibition encourages participation of health care professionals from North Africa, Middle East and European countries in the Mediterranean. The Zulekha Hospital team met and assessed doctors from Cairo and other parts of Egypt during this event.

BMJ CAREER FAIR, LONDON 2018

Zulekha Hospital participated in the BMJ Career Fair held at London to meet medical professionals from UK and share employment opportunities in the UAE. BMJ is one of the oldest medical journals and is an exhibitor of the periodic career fair for medical professionals, inviting hospitals from UK, Europe, US, Canada, Middle East & Australia to exhibit their opportunities. The fair attracts medical professionals from all specialties and is an excellent opportunity for recruiters to meet a diverse selection of qualified doctors.

To introduce the Zulekha brand and its opportunities to UK doctors, Ms. Vijaya Sen, Director HR; addressed the audience over a seminar on body language and spoke on licensing requirements of DHA/MOH, perks & benefits of working in tax free location.

HEALTHCARE RECRUITMENT AND TRAINING FAIR 2018

Zulekha Hospital participated in the Healthcare Recruitment and Training Fair between 27th and 28th October 2018 at Le Meridien Hotel and Conference Centre, Dubai, UAE. The recruitment fair aims to assist healthcare organisations, hospitals, medical device companies, clinic, etc. in their recruitment process by providing a platform to meet and connect with healthcare professionals.

HEALTHCARE EVENT 2018, PHILIPPINES

Zulekha Hospital participated in the Healthcare Event in Philippines between 28th and 29th July 2018 to recruit Filipino healthcare professionals. Ms. Vijaya Sen, Group HR Director addressed a large audience over a seminar on 'Seven interview tips that will help you get employed in the healthcare sector'. Career growth opportunities and excellent working conditions being key attractions for aspirants to apply for vacancies at Zulekha Hospital were emphasised on. With the expansion of the existing Zulekha Healthcare facility last year, the Dubai Hospital will add more skilled manpower in all clinical areas.

TAWTEEN PROGRAM BY MINSITRY OF HUMAN RESOURCES & EMIRATISATION

Zulekha Hospital participated in Tawteen, an open day organised by The Ministry of Human Resources & Emiratisation on 2nd October 2018 to encourage employment of UAE Nationals. The Ministry of Human Resources and Emiratisation (the MOHRE), has recently launched the Tawteen program. This program aims to facilitate the employment of UAE nationals within specified occupations across the private sector, through increased engagement and human resources development programs.

SUCCESS STORIES

ZULEKHA HOSPITAL, SHARJAH SUCCESSFULLY TREATS HIGH-RISK CARDIAC EMERGENCY

A 53-year-old, hypertensive UAE resident was successfully treated for a high risk cardiac emergency at Zulekha Hospital, Sharjah by Dr. Mohamed Ahmed Helmy, Consultant Cardiac Surgeon. The condition, Acute Aortic Dissection type A (AADA), is a life-threatening vascular condition which affects three in every 100,000 patients and has a very high mortality rate.

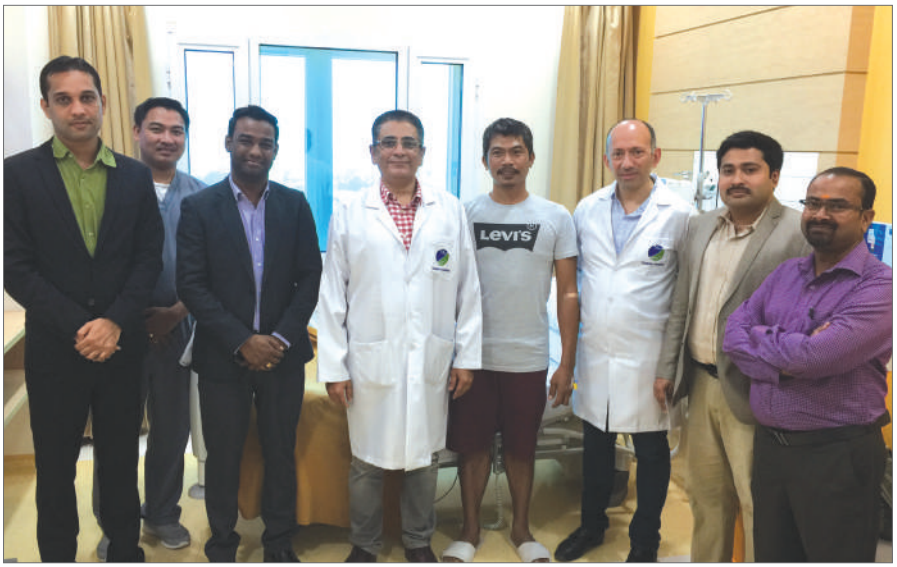
The patient developed severe chest pain and immediately further investigations and a Multislice CT angiography was done to confirm the diagnoses as an acute ascending aortic dissection. The cardiac surgery team transferred him immediately to the ICU (Intensive Care Unit) where instant surgical interference by an expert team of doctors was essential for the success of such a high-risk procedure on the same day of admission.

Commenting on this case, Dr. Mohamed Ahmed Helmy said, "Prompt diagnosis was the need of the hour as time was scarce. There is a high possibility of several complications with such cases which include bleeding, re-exploration, neurological disorders, renal failures and prolonged ICU stay. After a highly complex and risky procedure, we're pleased to see the patient made a full recovery," he concluded.

CRITICAL HAEMORRHAGE CASE TREATED SUCCESSFULLY IN ZULEKHA HOSPITAL, SHARJAH

Zulekha Hospital, Sharjah; successfully treated a critical combined case after a patient was suffering from an intra-cerebral haemorrhage joined by a clot in the pulmonary artery and bilateral lower limb deep vein thrombosis (DVT). Forty three year old Lopez Mattie Osena was admitted to the hospital after an overwhelming feeling of dizziness followed by right-sided chest pain associated with shortness of breath. Other hospitals had refrained from treating such a high-risk case. That is when Mr. Lopez was referred to Zulekha Hospital.

Upon admission, the medical team at Zulekha Hospital, Sharjah led by Dr. Maged Abulmagd, Consultant ICU, and supported by Dr. Amro Kabakbjy, Interventional Radiologist, they advised urgent tests.



Dr. Maged commented on the case saying: "By embracing the Hospital's multidisciplinary care services, we were able to leverage the necessary skills of world-class vascular surgeons, interventional radiologists and cutting-edge Cath lab facilities. Together we succeeded in treating the highly complex case which resulted in saving the life of Mr. Lopez. The case was not easy due to having to apply blood thinning drugs to clear the clots in a case where the patient had already suffered a severe cerebral haemorrhage."

ZULEKHA HOSPITAL, DUBAI SAVES THE LIFE OF A CHILD WITH CEREBELLAR TUMOURS

Zulekha Hospital, Dubai, swiftly admitted a two year old boy when his parents brought him in as they noticed unusual symptoms including gait imbalance and a squint in his eye. MRI scan revealed a large tumour growing on his brain and the boy then underwent lifesaving surgery to remove the tumour.

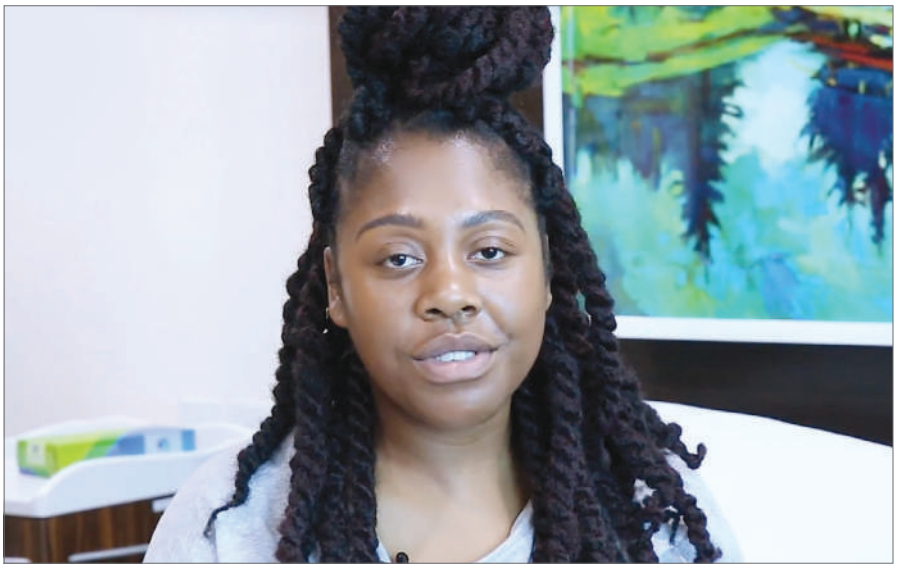
Dr. Salim Kanaan, Consultant Neurological Surgery at Zulekha Hospital who reviewed the MRIs, advised the tumour was likely to be growing slowly over the last two years, since the child was born. The boy, Julian, had been unable to walk properly due to compression on the brain (cerebellum) which resulted in 'Gait Ataxia'. Also his head circumference was disproportionate to the size of his body due to build-up of fluid in the brain, known as 'Hydrocephalus'.

Following the diagnosis, the parents understood that surgery for their son was unavoidable, but they were concerned with the associated high-risk. Zulekha Hospital gave positive assurance based on Dr. Salim's experience with brain tumour surgery and the availability of a fully prepared and equipped operating room and staff.

The surgery took almost 12 hours, where Dr. Salim Kanaan resected the tumour totally through a sub-occipital craniotomy, all performed under the most advanced neurosurgical microscope, the KINEVO 900, and assisted in part by Dr. Rajesh Kumar, Zulekha Hospital's Neurosurgery specialist.

Since the operation, Julian's symptoms have been noticeably fading, which indicates a high possibility of a full recovery.

MS. JUSTINE ALEXANDRA LAWRENCE-PICCOTT FROM LONDON SHARES HER EXPERIENCE OF SUCCESSFULLY UNDERGOING A BARIATRIC SURGERY AT ZULEKHA HOSPITAL, SHARJAH



Talking about her surgery, Ms. Justine said, "I started my research by looking at the Gastric Balloon but realized the weight loss goal I wanted to reach was quite high. I wanted to lose 70 pounds and Gastric Sleeve would be better. I came across Zulekha Hospital and made inquiries. I explained my situation and they organized a teleconference with my surgeon. I was able to see face to face who would be operating me. I was able to ask all my questions and Dr. Parag made me feel really at home. As soon as I had this conversation, I knew I was going to go ahead with the surgery. She continued saying, "My surgery started at about 7 in the morning and I was told it was over by half past 10. I was then taken to recovery and the nurses waited until I was 100% ready to go back to my room. 30 hours after my recovery I was able to walk around and use the bathroom on my own and now I'm feeling really good."

MEDICAL CHECK-UP CAMP

FREE HEART CHECK-UP
ZULEKHA HOSPITAL ORGANISED A FREE HEART CHECK-UP AT VARIOUS CITY CENTRE MALLS ACROSS SHARJAH, AJMAN, FUJAIRAH & RAS AL KHAIMAH. THE FREE HEART CHECK-UP CAMP WAS ALSO HELD AT MATAJER AL JURINA AND MATAJER AL MIRGAB (SHARJAH).

MEDICAL CAMP AT AVIS TRANSPORT
ZULEKHA HOSPITAL ORGANISED A MEDICAL CHECK-UP CAMP AT AVIS TRANSPORT ON 10TH SEPTEMBER 2018. THE EMPLOYEES UNDERWENT A BP, SUGAR & BMI CHECK-UP.

HEALTH AWARENESS TALK AND HEALTH CHECK-UP CAMP AT DUBAI CUSTOMS
DR. GHASSAN F. NAKAD ADDRESSED THE AUDIENCE AND SHARED INSIGHTS ON THE IMPORTANCE OF 'HEALTHY HEART'. THE HOSPITAL ALSO CONDUCTED A CHECK-UP CAMP FOR THE EMPLOYEES.

HEALTH AWARENESS TALK AND CHECKUP CAMP AT MRS. TUMMY EVENT
DR. SUVARNA MESTHA ADDRESSED THE AUDIENCE AND SHARED INSIGHTS ON 'IMPORTANCE OF BREASTFEEDING'. THE HOSPITAL ALSO CONDUCTED A CHECK-UP CAMP FOR THE AUDIENCE.

HEALTH CHECK-UP CAMP AT DUBAI POLICE OFFICERS CLUB ON 3RD OCTOBER 2018
DR. ANWAR KAMEL BAHAT MOHAMED ORABY PLAYED AN INTEGRAL PART IN SHOWCASING OUR SURGICAL EXPERTISE AND NEW FACILITIES. MAJOR GENERAL ABDULLAH KHALIFA AL MARRI ALSO VISITED THE PAVILLION AND INTERACTED WITH THE TEAM.

HEALTH CAMP AT SHARJAH POLICE HEADQUARTERS
ZULEKHA HOSPITAL OFFERED BASIC SCREENING TEST SUCH AS BP, RANDOM BLOOD SUGAR TO THE POLICE OFFICIALS AND THE VISITORS. OVER 120 PEOPLE WERE SCREENED DURING THE EVENT. THE ASSISTANT COMMANDER OF SHARJAH POLICE, ABDULLAH MUBARAK BIN AMIR ALSO VISITED THE EVENT.

MEDICAL CHECK-UP CAMP AT OASIS MALL

ZULEKHA HOSPITAL ORGANISED A MEDICAL CHECK-UP CAMP IN ASSOCIATION WITH LANDMARK GROUP AT OASIS MALL ON 20TH NOVEMBER 2018. THE HOSPITAL OFFERED BP, SUGAR AND BMI CHECK-UP.

MEDICAL CHECK-UP CAMP AT AL MADINA CRICKET ACADEMY

A MEDICAL CHECK-UP CAMP WAS ORGANISED ON 21ST DECEMBER 2018 FOR THE BOHRA COMMUNITY. THE HOSPITAL OFFERED FREE SUGAR & BP CHECK ALONG WITH FREE EYE SCREENING.

EYE CHECK-UP AND HEALTH TALK AT SHARJAH CULTURAL AND CHESS CLUB

ZULEKHA HOSPITAL ORGANISED A HEALTH AWARENESS TALK AND EYE CHECK-UP CAMP AT THE SHARJAH CULTURAL AND CHESS CLUB FOR SENIORS ON 17TH SEPTEMBER 2018. THE HEALTH TALK WAS HELD BY SPECIALIST OPHTHALMOLOGIST, DR. MOHAMMAD EMAD.

Zulekha Hospital L.L.C.
Your Health Matters

Call 600 52 4442 DUBAI | SHARJAH

zulekhahospitals.com

HEALTH AWARENESS TALK

BREAST CANCER AWARENESS TALK AT LIFESTYLE

DR. PRANAY GIRDHARI TAORI ADDRESSED THE AUDIENCE AND SHARED INSIGHTS ON THE IMPORTANCE OF EARLY DETECTION AND PREVENTION OF THE DISEASE. HE ALSO HIGHLIGHTED THE FREE SCREENING OPPORTUNITY PROVIDED BY THE HOSPITAL.

CARDIOLOGY AWARENESS TALK AT EROS GROUP

DR. ABDELAZIZ MOHAMED GOMAA IBRAHIM, ADDRESSED THE AUDIENCE ON PREVENTIVE STEP FOR BETTER CARDIAC HEALTH.

HEALTH AWARENESS TALK AT J. RAY MCDERMOTT ON 12TH SEPTEMBER 2018

DURING THE SESSION, DR. VIPIN MISHRA, ADDRESSED THE AUDIENCE AND SPOKE ON STRESS MANAGEMENT AND HEALTHY LIFESTYLE.

HEALTH AWARENESS TALK AT DEL MONTE ARABIA

ZULEKHA HOSPITAL ORGANISED A HEALTH AWARENESS TALK AT DEL MONTE ARABIA FOR THEIR EMPLOYEES. DR. ABDELAZIZ MOHAMED GOMAA IBRAHIM, ADDRESSED THE AUDIENCE ON PREVENTIVE STEP FOR BETTER CARDIAC HEALTH.

BREAST CANCER AWARENESS TALK AT NAJM MAJID AL FUTTAIM ON 10TH OCTOBER 2018

DR. RAJALAKSHMI SRINIVASAN, ADDRESSED THE AUDIENCE ON PREVENTIVE STEPS AND IMPORTANCE OF SCREENING.

BREAST CANCER AWARENESS TALK AT DUBAI AMBULANCE SERVICE

DR. TAREK ALKHOURI & DR. JASBIR CHHATWAL ADDRESSED THE IMPORTANCE OF REGULAR CHECK-UPS. CANCER SURVIVOR, MS. ADRELINA SHARED HER STORY AND MOTIVATED EVERYONE. HE KHALIFA HASSAN ALDRAI, CEO OF DCAS, APPRECIATED THE INITIATIVE.

BREAST CANCER AWARENESS TALK AT PULLMAN ON 8TH OCTOBER 2018

DR. PRANAY TAORI ADDRESSED THE EMPLOYEES OF PULLMAN ON PREVENTIVE STEPS AND IMPORTANCE OF SCREENING.

HEALTH AWARENESS TALK AT TAPAS FOUNDATION

ZULEKHA HOSPITAL ORGANISED A BREAST CANCER AWARENESS SESSION AT THE TAPAS FOUNDATION FOR THEIR MEMBERS ON 12TH OCTOBER 2018. DR. SHANITHA FATHIMA ADDRESSED THE MEMBERS ON PREVENTIVE STEPS AND IMPORTANCE OF SCREENING.

HEALTH AWARENESS TALK AT 7CS

ZULEKHA HOSPITAL ORGANISED A BREAST CANCER AWARENESS SESSION AT 7CS FOR THEIR EMPLOYEES ON 17TH OCTOBER 2018. DR. SUNITA DILIP GHIKE ADDRESSED THE AUDIENCE ON PREVENTIVE STEPS AND IMPORTANCE OF SCREENING.

HEALTH AWARENESS TALK AT LANDMARK GROUP

ZULEKHA HOSPITAL ORGANISED A BREAST CANCER AWARENESS SESSION AT LANDMARK GROUP FOR THEIR EMPLOYEES ON 18TH OCTOBER 2018. DR. RAJALAKSHMI SRINIVASAN; ADDRESSED THE AUDIENCE ON PREVENTIVE STEPS AND IMPORTANCE OF SCREENING.

BREAST CANCER AWARENESS SESSION AT SHARJAH EDUCATION COUNCIL

ZULEKHA HOSPITAL CONDUCTED A BREAST CANCER AWARENESS SESSION AT THE SHARJAH EDUCATION COUNCIL FOR THE EMPLOYEES & STUDENTS. DR. SAHAR ADAM ADDRESSED THE AUDIENCE ON THE IMPORTANCE OF SCREENING.

HEALTH AWARENESS TALK AT SKYLINE UNIVERSITY COLLEGE

ZULEKHA HOSPITAL CONDUCTED A BREAST CANCER AWARENESS SESSION AT SKYLINE UNIVERSITY COLLEGE FOR THEIR EMPLOYEES AND STUDENTS ON 24TH OCTOBER 2018. DR. DHANASHRI PATIL ADDRESSED THE AUDIENCE ON PREVENTIVE STEPS AND IMPORTANCE OF SCREENING.

BREAST CANCER AWARENESS SESSION AT JRAY MCDERMOTT

ZULEKHA HOSPITAL CONDUCTED A BREAST CANCER AWARENESS SESSION AT JRAY MCDERMOTT FOR THEIR EMPLOYEES ON 24TH OCTOBER 2018. DR. REKHA PATIDAR ADDRESSED THE AUDIENCES ON PREVENTIVE STEPS AND IMPORTANCE OF SCREENING.

BREAST CANCER AWARENESS SESSION AT DULSCO HEAD OFFICE

ZULEKHA HOSPITAL, SHARJAH CONDUCTED A BREAST CANCER AWARENESS SESSION AT DULSCO HEAD OFFICE ON 25TH OCTOBER 2018. DR. PRANAY GIRDHARI TAORI ADDRESSED THE AUDIENCES ON PREVENTIVE STEPS AND IMPORTANCE OF SCREENING.

HEALTH AWARENESS TALK AT MKM

ZULEKHA HOSPITAL ORGANISED A BREAST CANCER AWARENESS SESSION AT MKM FOR THEIR EMPLOYEES.
DR. UROOJ MAHBOOB ADDRESSED THE AUDIENCE AND SHARED INSIGHTS ON THE IMPORTANCE OF EARLY DETECTION AND THE FREE SCREENING OPPORTUNITY.

BREAST CANCER AWARENESS TALK AT STS

ZULEKHA HOSPITAL ORGANISED A BREAST CANCER AWARENESS TALK FOR STS EMPLOYEES ON 30TH OCTOBER 2018. DR. SUNITA GHIKE ADDRESSED THE AUDIENCE ON THE IMPORTANCE OF EARLY DETECTION AND THE BENEFIT OF REGULAR CHECK-UPS.

HEALTH AWARENESS TALK AT DULSCO CORPORATE OFFICE

ZULEKHA HOSPITAL ORGANISED A HEALTH TALK AT DULSCO CORPORATE OFFICE.
MS. TARANNUM FATIMA ADDRESSED THE AUDIENCE AND SHARED HER INSIGHTS ON 'THE IMPORTANCE OF HEALTHY V/S UNHEALTHY DIET.'

CANCER AWARENESS TALK AT TRANSGUARD OFFICE

ZULEKHA HOSPITAL ORGANISED A CANCER AWARENESS SESSION FOR TRANSGUARD EMPLOYEES ON 6TH NOVEMBER 2018.
DR. PRANAY TAORI ADDRESSED THE AUDIENCE ON DIFFERENT TYPES OF CANCERS, THEIR PRECAUTIONS AND THE BENEFITS OF REGULAR CHECK-UPS.

CANCER AWARENESS TALK AT PPG AEROSPACE

ZULEKHA HOSPITAL ORGANISED A CANCER AWARENESS SESSION FOR PPG AEROSPACE EMPLOYEES ON 8TH NOVEMBER 2018. DR. MURTAZA PITHAWALA, ADDRESSED THE AUDIENCE ON TYPES OF CANCER, THEIR PRECAUTIONS AND THE BENEFITS OF REGULAR CHECK-UPS.

HEALTH AWARENESS TALK AT DUBIZZLE CORPORATE OFFICE

ZULEKHA HOSPITAL ORGANISED A HEALTH AWARENESS TALK AT THE DUBIZZLE CORPORATE OFFICE. DR. PRANAY GIRDHARI TAORI ADDRESSED THE AUDIENCE AND SHARED INSIGHTS ON THE IMPORTANCE OF MEN'S HEALTH, RELATED TO COMMON CANCERS AND SYMPTOMS.

HEALTH AWARENESS TALK AT ENOC HEADQUARTERS, DUBAI

ZULEKHA HOSPITAL ORGANISED A HEALTH AWARENESS TALK AT THE ENOC HEADQUARTERS, DUBAI. DR. PRIYA DEVADAS AND DR. SONALI BABHULKAR ADDRESSED THE AUDIENCE AND SHARED INSIGHTS ON BREAST CANCER AND BREAST RECONSTRUCTION AFTER MASTECTOMY.

HEALTH AWARENESS TALK AT OMNIYAT, DUBAI

ZULEKHA HOSPITAL ORGANISED A HEALTH AWARENESS TALK AT OMNIYAT, DUBAI. DR. PRANAY GIRDHARI TAORI ADDRESSED THE AUDIENCE ON PREVENTIVE STEPS AND IMPORTANCE OF EARLY SCREENING FOR ALL THE COMMON CANCERS IN MALE.

HEALTH AWARENESS TALK AT NOON, DUBAI

ZULEKHA HOSPITAL ORGANISED A HEALTH AWARENESS TALK AT THE NOON OFFICE, DUBAI. DR. TAREK ALKHOURI ADDRESSED THE AUDIENCE ON PREVENTIVE STEPS AND IMPORTANCE OF EARLY SCREENING FOR ALL THE COMMON CANCERS IN MALE.

BREAST CANCER AWARENESS TALK AT EMAAR GROUP

ZULEKHA HOSPITAL ORGANISED A BREAST CANCER AWARENESS TALK FOR EMAAR GROUP EMPLOYEES ON 30TH OCTOBER 2018. DR. JASBIR CHHATWAL ADDRESSED THE AUDIENCE ON THE IMPORTANCE OF EARLY DETECTION AND THE BENEFIT OF REGULAR CHECK-UPS.

HEALTH AWARENESS TALK AT NOVOTEL, DUBAI

ZULEKHA HOSPITAL ORGANISED A HEALTH AWARENESS TALK ON NEUROLOGICAL DISABILITIES AND THE EARLY SYMPTOMS OF THE SAME. DR. SHYAM BABU CHANDRAN, DELIVERED THE TALK TO A LARGE AUDIENCE.

HEALTH TALK AND EYE SCREENING AT AJMAN ELDERLY CARE SOCIETY

ZULEKHA HOSPITAL ORGANISED A HEALTH AWARENESS TALK AND AN EYE SCREENING TEST AT THE AJMAN ELDERLY CARE SOCIETY. DR.RADWAN SAWAS DELIVERED A TALK ON THE IMPORTANCE OF REGULAR EYE CHECKS AND ALSO OFFERED FREE SCREENING FOR THE PATRONS.

BREAST CANCER AWARENESS TALK AT UNIVERSITY OF SHARJAH

ZULEKHA HOSPITAL ORGANISED A BREAST CANCER AWARENESS TALK AT THE UNIVERSITY OF SHARJAH (COLLEGE OF MEDICINE). THE TALK WAS DELIVERED BY DR. PRIYA DEVADAS.

HEART ATTACK TALK AT DAMAC

ZULEKHA HOSPITAL ORGANISED A HEART ATTACK TALK AT DAMAC. DR. ANIL BANSAL DELIVERED THE TALK ON 17TH DECEMBER TO A LARGE AUDIENCE.

HEALTH TALK AT EROS GROUP

ZULEKHA HOSPITAL ORGANISED A BREAST CANCER AWARENESS TALK AT EROS GROUP BY DR. JAMES ZACHARIAH PULIMUTTIL.

HEALTH AWARENESS TALK AND MEDICAL CAMP AT NAJM MAJID AL FUTTAIM CORPORATE OFFICE

DR. VIPIN MISHRA ADDRESSED THE AUDIENCE AND SHARED HIS INSIGHTS ON THE IMPORTANCE OF HEALTHY LIFESTYLE PRACTICES.

ARTICLE

A JOYFUL PATH TO PERFECT HEALTH

EFFORTLESS HEALTH

Chronic disease is a very human phenomenon. Animal and birds that are allowed to live in their natural habitat don't develop chronic diseases like diabetes, hypertension or cardiovascular diseases. Chronic disease is almost like an acquired human skill. Animals and birds attain their full lifespan without any health advice or medical intervention, effortlessly. There is no reason to believe that nature created human beings differently or has conspired against them to cause chronic diseases. It's clear that human societies have themselves gone wrong somewhere. Our mistake is definitely so fundamental and widespread that it has even stopped appearing like a mistake. Disease is not a norm in nature. We were not born out of our free will and we did not have any choice in deciding the type of body and mind that we have. We are all products of nature. Through its subtle mechanisms, nature regulates birth and death of all creatures including human beings. We have totally forgotten the arrangements that nature created and we have completely alienated ourselves from nature. It's though true that we have the capacity to analyze the whole issue, understand what went wrong, find the root problem and fix it.

There are only five core issues in life. If these five core issues are well addressed, nothing more needs to be done for a highly fulfilling and successful life. These five core issues, in the same sequence are:

1. Health: Everything else depends upon good health.
2. Family: Family provides the much needed emotional and moral strength.
3. Work: Your work brings positivity to someone's life. It's a payback to the society.
4. Passion: Passion gives you an opportunity to merge with the activity that you love performing and to experience timelessness.
5. Society: Bonding with friends and relatives is a basic human characteristic. It brings value to life. Ability to bond well with others is a marker of good health.

When you do something in response to a strong inner urge, it doesn't feel like an effort. It is not only effortless, but indeed some sort of release phenomenon. It's great bliss. Whole life can be lived like that.

DR. VIPIN MISHRA
CONSULTANT ENDOCRINOLOGIST,
ZULEKHA HOSPITAL, DUBAI

NO INSURANCE?
NO WORRIES.

ASK FOR

SUPER 25

Call 600 52 4442

*Terms and conditions apply.

DUBAI CHAMBER CSR LABEL

DUBAI I SHARJAH
Call 600 52 4442

zulekhahospitals.com

Zulekha Hospital L.L.C.
Your Health Matters

INTERNATIONAL QUALITY HEALTHCARE NOW IN NAGPUR

Actual Photographs

CENTERS OF EXCELLENCE

- Cardiac Sciences
- Neuro Sciences
- Orthopaedics & Joint Replacement
- Cancer Care & Radiotherapy
- Anaesthesia & Critical Care
- Minimal Invasive Surgery
- Mother & Child Care
- Urology & Nephrology
- Gastroenterology
- Radiology
- Pathology
- Nutrition and Lifestyle management

Alexis Multispeciality Hospital brings quality healthcare to Nagpur by offering secondary and tertiary care services in various disciplines. A humble offering to Nagpur by Zulekha Healthcare Group. It is a 200-bed hospital with state-of-the-art facilities at par with international standards now open in Mankapur Square, Nagpur, Maharashtra.

1313, Survey No.-232, Mankapur Square, Koradi Road, Nagpur – 440 030
Maharashtra, India, Tel.: +91 712 712 0000
To know more about us, visit **www.alexishospital.com, www.alexiscareers.com**
or email at **info@alexishospital.com**

NABH
Apr 22, 2018 – Apr 21, 2021

ALEXIS
PARTNERS IN GOOD HEALTH

MILESTONES

ALEXIS MULTISPECIALTY HOSPITAL AWARDED IGBC'S LEED CERTIFICATE IN 'GOLD' CATEGORY

Alexis Multispecialty Hospital has been awarded IGBC's LEED certificate in the 'Gold' Category. Till date a total of 78 establishments across India have been awarded with the LEED certification and now Alexis Hospital is the third in this list after Fortis Hospital, Delhi & Max Super Speciality Hospital, Delhi to have the LEED certification in Healthcare Sector. Also, Alexis Hospital is the first in Nagpur and Central India to have LEED accreditation in all categories of business establishments. LEED-INDIA is one of the chief councils to give a green rating to a structure, whether an apartment, independent home or office. LEED-INDIA promotes a holistic methodology to sustainability by way of the fact that it recognizes the functioning of a green building in five of the crucial matters.

ALEXIS MULTISPECIALITY HOSPITAL INAUGURATED A NEW WORK SPACE

Dr. Zulekha Daud, Founder and Chairperson, Zulekha Healthcare Group, inaugurated a new workspace at Alexis Multispeciality Hospital.

ALEXIS MULTISPECIALTY HOSPITAL'S LABORATORY GETS NABL ACCREDITATION

Excelling in quality healthcare delivery, the Laboratory of Alexis Multispecialty Hospital is now NABL Accredited! National Accreditation Board for Testing and Calibration Laboratories (NABL) is a Constituent Board of Quality Council of India. NABL has been established with the objective of providing Government, Industry Associations and Industry in general with a scheme of Conformity Assessment Body's accreditation which involves third-party assessment of the technical competence of testing, including medical and calibration laboratories, proficiency testing providers and reference material producers. Alexis Hospital Laboratory is the first laboratory in Central India to get NABL accreditation in accordance with ISO 15189:2012 in the sub specialty of Histopathology and Cytology along with Clinical Biochemistry, POCT, Clinical Pathology, Haematology and Immunohematology, Microbiology & Serology. The accreditation is valid from 7th December, 2018 to 6th December, 2020. NABL Accreditation will uplift the confidence in Testing/Calibration Reports issued by Alexis' laboratory. It will help have a better control of laboratory operations and confirms that a sound Quality Assurance System is in place and the staff is technically competent. The Hospital will experience enhanced customer confidence and satisfaction with this accomplishment. This is a great achievement for the Alexis Multispecialty Hospital team. The hospital also recently received NABH accreditation. This is another step towards brilliance in medical care and Alexis will continue their pursuit for quality healthcare. Congratulations to Dr. Mahesh Deshmukh (Histopathologist) and the entire laboratory team for their achievements and Dr. Rajini Ashok (Sr. Director - Quality, Zulekha Healthcare Group), Dr. Dhananjay Saoji (Director - Laboratory, Zulekha Healthcare Group) Dr. Shashank Sharma (Quality Officer - Laboratory, Zulekha Healthcare Group), Mr. Taygraj Savi (Senior Executive - Quality, Zulekha Healthcare Group) and entire Quality team, alongside all other members for their direct and indirect support in accomplishing this great feat.

ALEXIS MULTISPECIALIY HOSPITAL INAUGURATED ALEXIS HEALTH CLINIC AT JABALPUR (MP)

Alexis Multispeciality Hospital recently inaugrated the Alexis Health Clinic at Jabalpur (MP). The initiative is to facilitate the information about Alexis Multispeciality Hospital along with super specialist's consultations in their own city.

ANNUAL EVENTS

JOINT EFFORTS - ARTHRITIS AWAWRENESS PROGRAMME

To mark World Arthritis Day, Alexis Multispecialty Hospital in association with Divisional Sports Complex, Nagpur organised the second edition of Joint Effort, an arthritis awareness programme. In line with the ongoing social responsibility initiatives of the organisation the event was held at Mankapur Stadium, the Divisional Sports Complex premises. This initiative was organised to especially engage the senior citizens.

Leading cricket coach of Nagpur, Shri. Shishir Sudame was the chief guest of honour for this initiative. He emphasized on the importance of regular exercises to keep oneself fit and independent at any age. Seniors enthusiastically joined the walkathon and other activities like physiotherapy and other games to help them in overall lifestyle modification.

EVERYDAY WARRIORS - CANCER SUPPORT FORUM

Alexis Multispeciality Hospital conducted the second season of 'Everyday Warriors', a cancer survivor forum to salute the survivorship. The forum is a platform for survivors and their relatives to share their inspiring stories and showcase their hidden talents as any other normal individual leading a healthy life. Through an open dialogue the hospital intends to help the cancer survivors overcome their fear of this dreadful disease. Families are encouraged to support and participate with the survivors in various activities that will also give them a reassurance and build their confidence in overcoming the fears while fighting the disease. Warriors of all ages enthusiastically participated in various activities like dance, fashion show and singing. Cancer Survivors expressed their gratitude towards the entire Oncology team including Dr. Amol Dongre & Dr. Arif Khan, Dr. Suraj Agrawal, Dr. Puneet Seth, Dr. Chandani Hotwani and Dr. Shanu Jain from Radiation Oncology for the encouragement and for bringing them back to normal life.

PINK IT NOW - BREAST CANCER AWARENESS CAMPAIGN

Alexis Multispeciality Hospital organised the second edition of the Pink It Now, Breast Cancer Awareness Campaign at Hotel Radisson Blu. 'Pink It Now' is one of Zulekha Healthcare Group's CSR initiatives, stressing the importance of strategies for cancer prevention, early detection and management of patients with the disease. The 'Pink It Now' campaign aims to raise awareness about Breast Cancer and the benefit of regular check-ups. Dr. Amol Dongre, Dr. Suraj Agrawal, Dr. Chandani Hotwani, Dr. Puneet Seth & Dr. Shaanu Jain along with Dr. Pamela Munster were the panellist at the event which was followed by the launch of free mammography screening coupon. The Campaign also hosted the launch of 'Twisting Fate' an inspiring, practical guide to living with BRCA mutations and the genuine healing process authored by Dr. Pamela Munster, renowned cancer expert from the University of California in San Francisco, United States and the campaign's chief ambassador. The book is a practical yet personal guide to the medical and emotional facets of Breast Cancer, from a woman who's made her living researching the disease and lived through it herself.

To book your appointment,
call **+91 712 712 0000**

Mankapur Square, Koradi Road,
Nagpur – 440 030, Maharashtra, India

NABH
Apr 22, 2018 – Apr 21, 2021

ALEXIS
PARTNERS IN GOOD HEALTH

ACADEMIC FORUM

BED WETTING CLINIC INAUGURATED AT ALEXIS MULTISPECIALITY HOSPITAL

Bed-wetting, also called night time incontinence or nocturnal enuresis is involuntary urination while asleep after the age at which staying dry at night can be reasonably expected. The nocturnal enuresis can become a very serious issue for a child if not handled properly or if not reported at the right time. There are many treatment modalities available for nocturnal enuresis which majorly encompasses the psychological counselling to the child along with his/her parents. To spread the awareness about the nocturnal enuresis and to guide parents about the available treatment options, 'Bed Wetting Clinic' was launched at Alexis Multispeciality Hospital, Nagpur. Dr. Bhaskar Gupta & Dr. Shweta Bhandarkar will guide the parents about nocturnal enuresis. During the inaugural function, Dr. Bhaskar Gupta briefed the audience about the disease and their treatment options.

3RD CLINICAL MEET: AN ACADEMIC FORUM BY ALEXIS MULTISPECIALITY HOSPITAL

Alexis Multispeciality Hospital conducted its 3rd session of 'Alexis Clinical Meet', an academic forum by the clinicians for the clinicians. The critical cases for discussion in this clinical meeting were presented by Dr. Amol Dongre, Medical Oncologist and Dr. Puneet Seth, Radiation Oncologist at Alexis Multispeciality Hospital.

4TH CLINICAL MEET: AN ACADEMIC FORUM BY MULTISPECIALITY HOSPITAL

Alexis Multispeciality Hospital conducted the 4th session of 'Alexis Clinical Meet', an academic forum by the clinicians for the clinicians. The critical cases for discussion during this clinical meeting were:

- Interesting case presentation from Dept of Nephrology - Dr. Nishant Deshpande
- Interesting case presentation from Dept of Cardiology – Dr. Shoeb Nadeem
- Talk on 'Principles of antibiotic stewardship' - Dr Nitin Shinde

5TH CLINICAL MEET: AN ACADEMIC FORUM BY ALEXIS MULTISPECIALITY HOSPITAL

Alexis Multispeciality Hospital conducted the 5th session of 'Alexis Clinical Meet', an academic forum by the clinicians for the clinicians. The critical cases for discussion during this clinical meeting were:

- A case of 'Multiple complications following H1N1 Pneumonia' - Dr. Nitin Dambhare
- Interesting case of 'Acute Abdomen' - Dr. Juned Shaikh
- Interesting case of Misleading Thyroid - Dr. Jayant Kelwade

WORKSHOPS

BASIC & ADVANCED LAPAROSCOPIC GYNAECOLOGY SURGERY WORKSHOP

Alexis Multispeciality Hospital in association with Nagpur Obstetrics & Gynaecology Society organised a Basic & Advanced Laparoscopic Gynaecology Surgery Workshop at Hotel Centre Point. The workshop was attended by 63 doctors from the town and gained hands on experience in basics & advanced laparoscopic training on Endo Turtles. The advanced training included Suturing, Dissection & TL Technique with hands on experience with Staplers, Harmonic Scalpel on Animal Tissue. Dr. Prakash Jain shared his knowledge on basics of Laparoscopic Surgery & Port Placement Sites along with Dr. Mohd. Jameel speaking on surgical conditions during pregnancy; and Dr. Rajni Gupta sharing views on Normal Pelvic Anatomy & Variations. Dr. Prashant Bhamare, Dr. Kanchan Sortey & Dr. Sushma Deshmukh also shared their experience and knowledge with the audience via video sessions on Laparoscopic Oophorectomy, Ectopic Pregnancy & Ovarian Cyst and Diagnostic Hysteroscopy: Instrumentation & Procedure. Dr. Prashant Bhamare, National Faculty for the workshop shared insights of Laparoscopic Hysterectomy.

INTERACTIVE WORKSHOP ON TRAUMA MANAGEMENT

Alexis Multispecialty Hospital, Nagpur in Association with Lions Club of Nagpur Ayurved conducted an interactive workshop on 'Trauma Management'. Dr. Hussain Bhati (Neuro & Spine Surgeon), Dr. Shivraj Suryawanshi (Spine & Orthopaedic Surgeon) along with Dr. Dilip Wasnik (Anaesthetist) shared insights on Spine, Neuro & Orthopaedic Trauma Management along with a live demo on Basic Life Support in Trauma Management. 46 general practitioners from the town attended the workshop and networking meet.

OBSERVANCE DAY

ALEXIS MULTISPECIALITY HOSPITAL OBSERVES ANTIBIOTIC AWARENESS WEEK

The Infection control team at Alexis Multispeciality Hospital observed Antibiotic Awareness Week. During the entire week's observance, there was an encouraging participation from all the departments with lots of enthusiasm. There were numerous competitions organised like poster & quiz competition along with a wonderful skit & CME on Antibiotic Awareness. The winners were recognised by Dr. Zulekha Daud during the second anniversary celebration of Alexis Multispeciality Hospital. CME on Antibiotic Awareness Week was organised with Dr. Jayesh Timane (Chairman – ICCM, Nagpur & Consultant – Critical Care, KRIMS), Dr. Nirmal Jaiswal (Consultant – Critical Care, Sure Tech) & Dr. Imran (Secretary – ICCM, Nagpur) as our Guest of Honour.

ALEXIS MULTISPECIALITY HOSPITAL CELEBRATED WORLD HEART DAY

Alexis Multispeciality Hospital celebrated World Heart Day at Japanese Garden, Civil Lines. Dr. Rishi Lohiya & Dr. Shoeb Nadeem, Interventional Cardiologists at Alexis, shared healthy heart tips with an enthusiastic crowd of 200, who joined us for basic health check-up. Ms. Nazneen Siddique, Nutritionist, shared insights in management of healthy heart. The evented was partnered by 94.3 My FM.

ALEXIS MULTISPECIALITY HOSPITAL CELEBRATED WORLD DIABETES DAY

Alexis Multispeciality Hospital observed World Diabetes Day. A free basic health check-up and awareness on Diabetes & Diet Management was offered to 153 people at Dayanand Park, Jaripatka, Nagpur. The session was conducted under the guidance of Dr. Nitin Wadaskar (Specialist, Internal Medicine) along with Dr. Jayant Kelwade (Specialist, Endocrinologist) and Ms. Radhika Pareekh (Nutritionist) at Alexis Hospital.

SUN
SUNDAY CLINIC

INTRODUCING SUNDAY CLINIC

Because, sickness never takes a holiday.

INTERNAL MEDICINE
GENERAL & LAPAROSCOPIC SURGERY
OBSTETRICS & GYNAECOLOGY
PAEDIATRICS & NEONATOLOGY

To book your appointment,
call **+91 712 712 0000**

Mankapur Square, Koradi Road,
Nagpur – 440 030, Maharashtra, India

NABH
Apr 22, 2018 – Apr 21, 2021

ALEXIS
PARTNERS IN GOOD HEALTH

HEALTH AWARENESS TALKS

HEALTH AWARENESS LECTURE FOR SENIOR CITIZENS AT DATTA MEGHE COLLEGE, NAGPUR

As a part of society wellness awareness responsibility, Alexis Multispeciality Hospital participated in the monthly meeting of FESCOM (The Federation of Senior Citizens Organizations of Maharashtra). Dr. Amol Dongre, Medical Oncologist at Alexis shared insights on myths & facts about cancer with 65 senior citizens. All the Club members pledged to spread the awareness on cancer, through the best possible platforms believing that cancer is curable, if detected early.

ALEXIS MULTISPECIALITY HOSPITAL PARTICIPATES IN CIMACON 6

Alexis Multispecialty Hospital participated in CIMACON-6, 2018. The 6th Annual Conference of, Indian Medical Association was held at Chandrapur which was attended by 70 delegates from the town. Dr Suraj Agrawal, Onco Surgeon along with Dr. Hussain Bhati, Neuro & Spine Surgeon were the guest speakers sharing case studies from Alexis Multispeciality Hospital.

PAEDIATRIC AWARENESS SESSION AT K JOHN PUBLIC SCHOOL

Alexis Multispeciality Hospital organised a health awareness session for the students of K John Public School, Saoner, Nagpur. Dr. Shweta Bhandarkar, Consultant - Paediatrics and Neonatology, addressed the kids on Health Hygiene & Nutrition.

HEALTH AWARENESS SESSION AT ST. JOSEPH CBSE SCHOOL

Alexis Multispeciality Hospital organised a health awareness session for the students of St. Joseph CBSE School, Godhani, Nagpur. Dr. Bhaskar Gupta, Consultant - Paediatrics and Neonatology addressed the audience on Health Hygiene & Nutrition.

HEALTH AWARENESS SESSION AT NARAYANA VIDYALAYAM SCHOOL

Alexis Multispeciality Hospital conducted a Health Awareness Session for the students of Narayana Vidyalayam School, Bokhara, Nagpur. Dr. Sakshi Gaikwad, Obstetrician & Gynaecologist addressed the students and parents on health diseases and prevention for adolescence age group.

HEALTH AWARENESS SESSION AT SANDIPANI SCHOOL

Alexis Multispeciality Hospital organised a health awareness session for the students of Sandipani School, Nagpur. Dr. Bhaskar Gupta, Consultant - Paediatrics and Neonatology, addressed the audience on Child Nutrition & Hygiene.

To book your appointment,
call **+91 712 712 0000**

Mankapur Square, Koradi Road,
Nagpur – 440 030, Maharashtra, India

NABH
Apr 22, 2018 – Apr 21, 2021

ALEXIS
PARTNERS IN GOOD HEALTH

PROMOTIONAL EVENTS

NIMACONF 2018

Alexis Multispeciality Hospital participated in National Level Clinical conference NIMACONF – National Conference on Integrative Approach towards Ayurved Practice & Expo organised by NIMA Nagpur. Two sessions were conducted for our Clinicians on day 1 along with other branding opportunities at the venue for two days. Dr. Suraj Agrawal, Onco Surgeon & Dr. Chandani Hotwani, Radiation Oncologist at Alexis were the speakers for the program. The event witnessed the gathering of approx. 750 – 800 clinicians from all across for this program.

NIMACON 2018 - IMA NAGPUR BRANCH

Alexis Multispeciality Hospital participated in 16th Annual Conference of IMA Nagpur Branch 'NIMACON-2018' at IMA Hall, Nagpur. At this mega clinical conference of IMA, Dr. Alankar Ramteke – Joint Replacement Surgeon, represented Alexis. Dr. Alankar Ramteke presented on 'Correction of Severe Deformities in TKR'.

HEALTH AND WELLNESS DAY FOR JCI ORANGE CITY MEMBERS AT ALEXIS MULTISPECIALITY HOSPITAL

Alexis Multispeciality Hospital organised a Health and Wellness Day for the JCI Orange City Members. Mr. Suraj Tripathi, Director Operations shared a brief presentation on Alexis with 20 JCI members along with Ms. Nazneen Siddique, Dietician guiding on tips related to Nutrition & Lifestyle Management. It was followed by a free health check-up and physician consultation.

DINNER MEET

Alexis Multispeciality Hospital organised a round table interactive dinner meet with the local physician doctors at Indian Gymkhana Nagpur. The dinner meet was intended to initiate open discussions and bring the clinicians on a single platform.

CME

CME ON INFECTIOUS DISEASES

Alexis Multispecialty Hospital, Nagpur organised a 'Synapse'– Our Continuing Medical Education program on 'Infectious Diseases'. Dr. Nitin Shinde, Consultant - Internal Medicine & Infectious Diseases at Alexis Hospital presented the interesting cases in Infectious Disease at Hotel Tuli International, Sadar, Nagpur.

ALEXIS MULTISPECIALITY HOSPITAL ORGANISED A CME IN ASSOCIATION WITH INDIAN DENTAL ASSOCIATION (IDA) NAGPUR

Alexis Multispecialty Hospital in association with Indian Dental Association, Nagpur organised a CME on Oral Cancer Updates at Alexis Auditorium. Speaker, Dr. Suraj Agrawal, Surgical Oncologist at Alexis, shared his views on Surgical Management of Oral Cavity Cancer along with Dr. Nitin Bhola, Oral & Maxillofacial Surgeon speaking on Importance of Early Diagnosis & Management of Oral Cancer. Dr. Amena Ahmed along with Dr. Mariya Ali, Dental Surgeons represented the Dental Department at Alexis Multispeciality Hospital.

CARDIO-DIABETES CME IN ASSOCIATION WITH DOCTORS ASSOCIATION, RAMTEK

Alexis Multispecialty Hospital in association with Doctors Association, Ramtek organised a CME on Recent Medical Updates at Ramtek. Speaker, Dr. Nitin Wadaskar, Specialist Internal Medicine at Alexis Multispeciality Hospital, shared recent updates on Detection & Management of Scrub Typhus.

CME ON INFECTIOUS DISEASES BY ALEXIS MULTISPECIALITY HOSPITAL AT IMA HALL, SAONER

Alexis Multispecialty Hospital, Nagpur in Association with Indian Medical Association, Saoner conducted a 'Synapse'– Our Continuing Medical Education program on 'Infectious Diseases' at IMA Hall, Saoner. Dr. Nitin Shinde, Consultant - Internal Medicine & Infectious Diseases presented on 'Approach to Fever', to the present 57 delegates.

CME ON CARDIOLOGY BY ALEXIS MULTISPECIALITY HOSPITAL AT TULI INTERNATIONAL

Alexis Multispecialty Hospital, Nagpur in Association with Sun Pharma organised a 'Synapse'– Our Continuing Medical Education program on Cardiology Updates. Dr. Shoeb Nadeem, Interventional Cardiologist shared his views on Chest Pain Evaluation along with Dr. Rishi Lohiya, Interventional Cardiologist speaking on Lipid Management (Use of Statins).

CME ON TRAUMA MANAGEMENT

Alexis Multispecialty Hospital, Nagpur in Association with Sausar Doctors Association organised a 'Synapse'– Our Continuing Medical Education program on 'Trauma Management'. Dr. Hussain Bhati, Neuro & Spine Surgeon shared his views on Neuro & Spine Trauma Management along with Dr. Shivraj Suryawanshi, Spine & Orthopaedics Surgeon speaking on Orthopaedic & Spine Trauma Management.

CME ON CARDIAC SURGERY & ACNE-SCAR MANAGEMENT IN ASSOCIATION WITH IMA, BALAGHAT

Alexis Multispecialty Hospital, Nagpur in association with Indian Medical Association, Balaghat organised a 'Synapse'– Our Continuing Medical Education program on 'Cardiac Surgery & Acne-Scar Management'. Dr. Puneet Jandial, Cardio Vascular & Thoracic Surgeon, guided the delegates on recent trend in Cardiac Surgery along with Dr. Gitesh Sawatkar, Dermatologist sharing his experience on Acne Scar Management.

CELEBRATIONS

DIWALI CELEBRATIONS AT ALEXIS MULTISPECIALITY HOSPITAL

Diwali is the festival of lights, happiness and prosperity. Diwali is an auspicious moment when everyone comes together as a family and enjoys the bond of happiness and joy. As a one big family of Alexis Multispeciality Hospital, all the family members participated in the Diwali Celebrations organised on 5th November 2018 at the Auditorium. All the departments participated with lot of enthusiasm in this cultural feast. There were numerous programs organised for the employees. Dance Performances, Fashion Show and the Diya Decorations were amongst the most enjoyed moments during the program.

ALEXIS MULTISPECIALITY HOSPITAL CELEBRATED ITS SECOND ANNIVERSARY

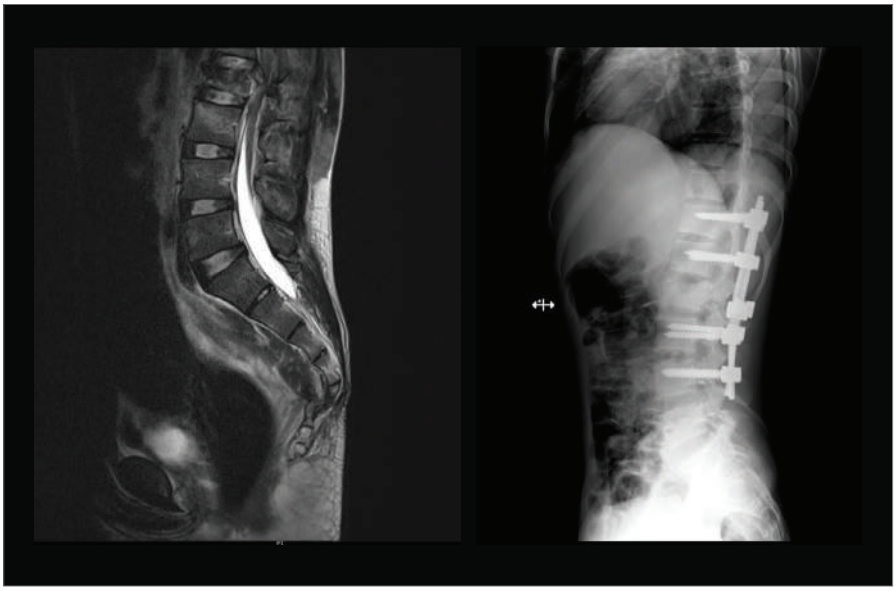
Alexis Multispeciality Hospital celebrated its second anniversary. The celebration took place in Alexis Multispeciality Hospital in the presence of Founder and Chairperson Dr. Zulekha Daud. Over the period of two years, the team strength has grown to 860 employees. It has been a journey of continuous development and setting up new milestones.

SUCCESS STORIES

FIRST AUTOLOGOUS BONE MARROW TRANSPLANT IN LYMPHOMA SUCCESSFULLY DONE AT ALEXIS MULTISPECIALITY HOSPITAL

Alexis Multispeciality Hospital successfully performed a Hematopoietic stem cell transplant (Autologous Bone Marrow transplant) in a patient diagnosed with Lymphoma. The 39 year old patient was diagnosed with the case of Non Hodgkin Lymphoma (relapsed) and was under the treatment of Dr. Amol Dongre, Medical Oncologist. Under the supervision of Dr. Amol Dongre, Dr. Harish Warbhe and team, the patient underwent treatment in multiple stages. The patient was discharged in a stable condition at the end of a 35 day stay at the hospital. Dr. Harish Warbhe, Medical Director, Lifeline Blood Bank, Nagpur and his team played vital role in the process by harvesting stem cells using Cell Separator Machine and storing them in deep freezer at minus 80 degree centigrade for 14 days and thawing them back for the re-infusion on the day of transplant.

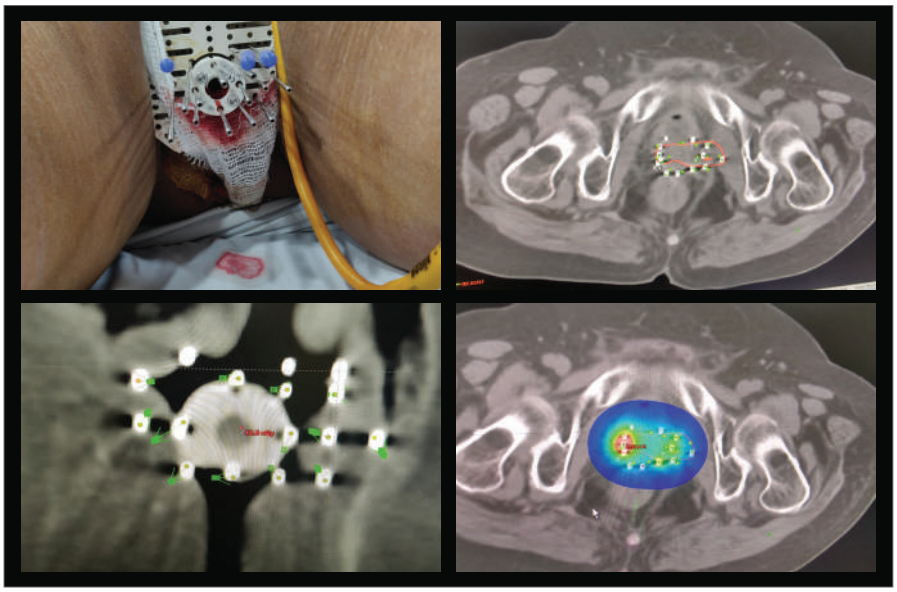
PARALYSED PATIENT STARTS WALKING AGAIN AFTER SURGERY AT ALEXIS MULTISPECIALITY HOSPITAL



An eighteen years old male patient was brought to the emergency of Alexis Multispeciality Hospital with a history of fall from fourth floor with weakness in both lower limbs. Patient was conscious with GCS 15/15; power in upper limbs was 5/5 and in lower limbs 1-2/5 with decreased sensation in both lower limbs and Foley's catheter in situ. Vitals were stable. CT brain and abdomen were normal and MRI spine showed L1 vertebral burst compression fracture with retropulsion causing spinal cord compression and cord contusion. There was extradural hematoma extending up to T8 level and sacrococcygeal fracture with presacral hematoma. After proper counselling and consent, patient was posted for surgery. Decompression of cord and spinal fixation was done with pedicle screws and rods between T11, T12 and L2, L3 vertebrae with distraction. Patient was postoperatively kept in ICU then shifted to ward. Regular physiotherapy was started. Power in lower limbs gradually started improving and patient started walking with walker after 6 weeks. Foley's catheter was removed. After 3 months patient could walk without support with normal power in lower limbs.

- Article by **Dr. Husain Bhati**

PATIENT SUCCESSFULLY TREATED WITH INTERSTITIAL BRACHYTHERAPY FOR VAULT RECURRENCE



Alexis Multispeciality Hospital successfully performed the first pelvic interstitial implant. A 64 year old lady was diagnosed with carcinoma of endometrium in the year 2017 and underwent total abdominal hysterectomy with bilateral salphingo-oophorectomy in November 2017. She was then kept on follow up as it was an early stage in disease. After a year, she developed 10*12mm nodular recurrent lesion over the vaginal vault, which was biopsy proven adenocarcinoma. She came to Alexis and was treated with external beam radiotherapy to pelvis by image guided IMRT to a dose of 50Gy in 25 fractions over 5 weeks after which pelvic interstitial implant was done under spinal anaesthesia.

Total 16 titanium needles were inserted in and around the diseased part using Martinez universal perineal interstitial template (MUPIT) which were retained in situ for 2.5 days during which time, she received 5 sessions of HDR brachytherapy, twice daily, 6 hours apart to a dose of 4Gy each (for a total dose of 20Gy in 5 fractions, as a boost to gross disease over vault). She responded to the treatment well and then the implant was removed uneventfully. She recovered well and was discharged from the hospital.

The pain of having needles in situ for almost 50 hours was adequately managed by epidural analgesia with the support of anaesthesia team. As per our information, Alexis Multispeciality Hospital is the first hospital to do a pelvic interstitial radiotherapy in Nagpur and Central India.

- Article by **Dr. Chandani Hotwani**

Bring movement back to your life.

Avail comprehensive Orthopaedic care

To book your appointment,
call **+91 712 712 0000**

Mankapur Square, Koradi Road,
Nagpur – 440 030, Maharashtra, India

NABH
Apr 22, 2018 – Apr 21, 2021

ALEXIS
PARTNERS IN GOOD HEALTH

HEALTH CHECK-UP CAMPS

GASTRO & LIVER CAMP
ALEXIS HOSPITAL ORGANISED AN IN-HOUSE PAID GASTRO & LIVER CAMP. THE CAMP WAS ATTENDED BY 137 MEMBERS, WHO AVAILED CONSULTATION BY DR. ABHIJIT DESHMUKH, DR SAGAR PATIL AND DR. AMIT GULHANE. AMONGST THE ATTENDEES, 74 WERE OFFERED FIBRO SCAN TEST FOR FREE ALONG WITH HEPATITIS B & C INVESTIGATION TO 82 MEMBERS.

PAEDIATRIC EVALUATION CAMP AT LITTLE UMBRELLA KINDERGARTEN, INDORA, NAGPUR
DR. BHASKAR GUPTA & DR. SHWETA BHANDARKAR OFFERED BASIC PAEDIATRIC EVALUATION FOR 240 KIDS OVER A SPAN OF 4 DAYS AT A FREE PAEDIATRIC HEALTH CHECK-UP CAMP ORGANISED AT LITTLE UMBRELLA KINDERGARTEN.

HEALTH CHECK-UP CAMPS AT HDFC BANK BRANCHES
ALEXIS MULTISPECIALITY HOSPITAL CONDUCTED BASIC HEALTH CHECK-UP FOR THE CUSTOMERS AT 11 BRANCHES OF HDFC BANK ACROSS NAGPUR. FREE RBS, BP, BMI TESTS WERE OFFERED ALONG WITH DISCOUNTED HEALTH CHECK-UP PACKAGES AND CONSULTATION WITH SPECIALISTS.

HEALTH CHECK-UP CAMP AT MOUNT LITERA ZEE SCHOOL
DR. BHASKAR GUPTA, DR. SHWETA BHANDARKAR & DR. AMENA AHMED AND OTHER REGIONAL MEDICAL OFFICERS PARTICIPATED. COMPLETE ANTHROPOCENTRIC ASSESSMENT WITH VISION TEST, PAEDIATRIC EVALUATION & ROUTINE DENTAL CHECK-UP WAS DONE FOR OVER 650 STUDENTS.

PAEDIATRIC EVALUATION CAMP BY ALEXIS MULTISPECIALITY HOSPITAL AT SPROUT KINDERGARDEN
DR. SHWETA BHANDARKAR EXTENDED HER SERVICES FOR THE CAMP OFFERING BASIC PAEDIATRIC EVALUATION FOR 29 KIDS.

INHOUSE PAID SKIN CHECK-UP CAMP
ALEXIS MULTISPECIALITY HOSPITAL ORGANISED AN IN-HOUSE PAID SKIN CHECK-UP CAMP FOR THE BENEFIT OF CITIZENS. TOTAL OF 116 PATIENTS TOOK ADVANTAGE. DR. GITESH SAWATKAR COUNSELLED ALL THE PATIENTS FOR THEIR BEST POSSIBLE TREATMENT OPTIONS AVAILABLE.

CARDIAC CHECK-UP CAMP AT KARIMABAD HOUSING SOCIETY

ALONG WITH BASIC VITALS AND ECG, CONSULTATION BY INTERVENTIONAL CARDIOLOGIST, DR. SHOEB NADEEM WERE OFFERED. 70 PATIENTS ABOVE THE AGE OF 45 AND WITH KNOWN CASES OF DIABETES OR HYPERTENSION TOOK ADVANTAGE OF THE CAMP.

IN-HOUSE PAID PAEDIATRIC EVALUATION CAMP

ALEXIS HOSPITAL OFFERED PAEDIATRICIAN EVALUATION, DENTIST EVALUATION ALONG WITH EARS, NOSE & THROAT EVALUATION AND VACCINATION ADVICE TO 110 KIDS. DR. BHASKAR GUPTA, DR. MANISH PUTTEWAR, DR. SHWETA BHANDARKAR AND DR. AMENA AHMED EXTENDED THEIR SERVICES FOR THE CAMP.

WOMEN HEALTH CHECK-UP CAMP

THE OBSTETRICS & GYNAECOLOGY DEPARTMENT AT ALEXIS HOSPITAL ORGANISED A PAID IN-HOUSE WOMEN HEALTH CHECK-UP CAMP OFFERING BASIC HEALTH CHECK-UP. DR. RAJINI GUPTA, DR. SAKSHI GAIKWAD, DR. RASHMI SHINDE OFFERED CONSULTATIONS TO 96 WOMEN.

ALEXIS MULTISPECIALITY HOSPITAL PARTICIPATED IN MAHINDRA & MAHINDRA FOUNDERS DAY

151 EMPLOYEES AVAILED THE BASIC HEALTH CHECK-UP SERVICE. THE CELEBRATION WITNESSED A FOOTFALL OF OVER 5000 EMPLOYEES AND THEIR FAMILY MEMBERS.

ALEXIS HOSPITAL ORGANISED A CHECK-UP CAMP AT MAHESHWARI SAMAJ TRUST

RANDOM BLOOD SUGAR, BLOOD PRESSURE, BMI, ECG WERE OFFERED. 187 MEMBERS AVAILED THE SERVICES, OF WHICH 168 REQUIRED ECG. DR. RISHI LOHIYA OFFERED FREE CONSULTATION AT THE EVENT. THE 2 DAY EVENT WITNESSED A FOOTFALL OF 210.

ALEXIS HOSPITAL ORGANISED A ROUTINE HEALTH CHECK-UP CAMP AT ABHIJIT FEROTECH, NAGPUR

ALEXIS HOSPITAL ORGANISED A ROUTINE CHECK-UP CAMP AT ABHIJIT FEROTECH, NAGPUR. ALONG WITH BASIC VITALS & ECG, PHYSICIAN CONSULTATION WAS OFFERED. TOTAL OF 70 EMPLOYEES AVAILED THE BENEFITS OF THIS CAMP.

PAEDIATRIC EVALUATION CAMP BY ALEXIS HOSPITAL AT OAM SUNRISE KINDERGARDEN

ALEXIS HOSPITAL ORGANISED A HEALTH CHECK-UP CAMP AT OAM SUNRISE KINDERGARDEN SCHOOL. DR BHASKAR GUPTA EXTENDED HIS SERVICES FOR THE CAMP OFFERING BASIC PAEDIATRIC EVALUATION FOR 27 KIDS.

HEALTH CHECK-UP CAMP AT IT PARK, NAGPUR LIGHTHOUSE

ALEXIS MULTISPECIALTY HOSPITAL ORGANISED A FREE HEALTH CHECK-UP CAMP FOR THE EMPLOYEES OF LIGHTHOUSE INFO SYSTEMS PVT. LTD. 110 EMPLOYEES ATTENDED THE CAMP TO GET THEIR BASIC HEALTH CHECK-UP.

ALEXIS HOSPITAL ORGANISED A FREE HEALTH CHECK-UP CAMP FOR SENIOR CITIZENS AT PREM DAAN, A CHARITABLE OLD AGE HOME

FREE HEALTH CHECK-UP WAS OFFERED FOR 40 SENIOR CITIZENS AT PREM DAAN ON DAY 1 OF JCI WEEK 2018, 'SAVE OUR HEALTH'.

ALEXIS HOSPITAL ORGANISED HEALTH CHECK-UP CAMPS AT QUETA COLONY

70 COLONY MEMBERS AVAILED BASIC HEALTH CHECK-UP FACILITY INCLUDING HEIGHT, WEIGHT, BP, BMI, ECG (IF REQUIRED) & PHYSICIAN CONSULTATION.

ALEXIS HOSPITAL ORGANISED HEALTH CHECK-UP CAMPS AT RAJWADA PALACE

ALEXIS MULTISPECIALITY HOSPITAL PARTICIPATED AS HEALTHCARE PARTNER IN THE EVENT 'JUDWA NO 1' - A TWINS CARNIVAL ORGANISED BY JCI ORANGE CITY, NAGPUR AT RAJWADA PALACE. A BASIC FREE HEALTH CHECK-UP WAS OFFERED.

ALEXIS HOSPITAL ORGANISED FREE HEALTH CHECK-UP CAMPS AT SATNA FOR BRAIN AND SPINE

ALEXIS MULTISPECIALITY HOSPITAL ORGANISED A FREE BRAIN & SPINE CHECK-UP CAMP AT SATNA (MP). DR HUSSAIN BHATI, BRAIN & SPINE SURGEON AT ALEXIS RENDERED HIS SERVICES FOR FREE TO 48 PATIENTS.

HEALTH CHECK-UP CAMP AT UNION BANK OF INDIA

ALEXIS MULTISPECIALTY HOSPITAL CONDUCTED A HEALTH CHECK-UP CAMP FOR ALL THE EMPLOYEES OF UNION BANK OF INDIA IN NAGPUR. THE DRIVE WAS THROUGH RELIGARE INSURANCE COMPANY. 50 EMPLOYEES AVAILED THE HEATH CHECK-UP SERVICES BY ALEXIS HOSPITAL AT THE PREMISES OF UNION BANK.

HEALTH CHECK-UP CAMP AT RELIGARE BROKING LTD.

ALEXIS MULTISPECIALTY HOSPITAL ORGANISED A FREE HEALTH CHECK-UP CAMP AT RELIGARE BROKING LIMITED, NAGPUR FOR THEIR EMPLOYEES. BASIC HEALTH CHECK-UP INCLUDING HEIGHT, WEIGHT, BP, BMI, RBS, PHYSICIAN CONSULTATION WAS OFFERED TO 60 EMPLOYEES DURING THE DAY.

HEALTH CHECK-UP CAMP AT BULDHANA URBAN CREDIT CO-OPERATIVE SOCIETY

ALEXIS MULTISPECIALTY HOSPITAL CONDUCTED A FREE HEALTH CHECK-UP CAMP AT BULDHANA URBAN CREDIT CO-OPERATIVE SOCIETY, NAGPUR. 62 EMPLOYEES AVAILED THE FREE HEALTH CHECK-UP CAMP FACILITIES.

UROLOGY CAMP BY ALEXIS MULTISPECIALITY HOSPITAL AT CHANDRAPUR

ALEXIS HOSPITAL ORGANISED A FREE UROLOGY CHECK-UP CAMP AT MADDURWAR X RAY & DIAGNOSTIC CENTRE. DURING THE CAMP, 42 PEOPLE FROM THE TOWN AVAILED FREE CONSULTATIONS FROM DR. JUNED SHAIKH, CONSULTANT – UROLOGY AT ALEXIS HOSPITAL.

MULTISPECIALITY CAMP BY ALEXIS HOSPITAL AT DEENDAYAL NAGAR, NAGPUR

DR. MANISH PUTTEWAR, DR SAKSHI GAIKWAD ALONG WITH DR. PRASHANT PARATE OFFERED CONSULTATION TO 127 MEMBERS WHO ALSO AVAILED THE BASIC HEALTH CHECK-UP SERVICES.

CENTRAL INDIA'S MOST ADVANCED
SURGICAL FACILITY IS NOW OPEN FOR YOU.

GET WELL SOON!

You are not alone in your efforts to achieve good health. Alexis Multispeciality Hospital brings together the best of medical and surgical expertise to your neighbourhood. The hospital offers state-of-the-art surgical services in various disciplines including Oncology, Urology, Neurology, Cardiology, Gynaecology and much more. Backed by highly experienced surgeons, paramedical staff, and latest diagnostic technologies, Alexis helps you access world-class treatment without any delay.

Key Surgical Expertise: Liver Transplant Surgery | Neurosurgery | Cardiac Surgery | Orthopaedic Surgery | Radiation Therapy | Gynaecology Surgery | Laparoscopic Surgery

To book your appointment,
call **+91 712 712 0000**

Mankapur Square, Koradi Road,
Nagpur – 440 030, Maharashtra, India

NABH
Apr 22, 2018 – Apr 21, 2021

ALEXIS
PARTNERS IN GOOD HEALTH

At Zulekha Hospital, we value the trust you place in us and make sure every treatment plan we prescribe is personalized and results in your happiness and wellbeing. Bolstered by state-of-the-art healthcare facilities in Sharjah and Dubai, our commitment to provide compassionate care continues through the past 52 years. Reach out to us in your time of need and we will take care because your health matters to us.

DUBAI I SHARJAH
Call 600 52 4442

zulekhahospitals.com

Zulekha Hospital L.L.C.
Your Health Matters